



## GEO Prep Breakfast Menu February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> French Toast Sticks*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>2</b> Pancake Sausage on a Stick*  Assorted Fresh Fruit Assorted 100% Fruit Juice
<b>5</b> Mini Cinnis*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>6</b> Cheesy Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>7</b> Toasted Ham & Cheese Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>8</b> Low Fat Yogurt & WG Muffin*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>9</b> Sausage Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice
<b>12</b> No School	<b>13</b> No School	<b>14</b> Low Fat Yogurt & WG Muffin*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>15</b> Breakfast Tac-go  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>16</b> Pancake Sausage on a Stick*  Assorted Fresh Fruit Assorted 100% Fruit Juice
<b>19</b> Mini Cinnis*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>20</b> Cheesy Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>21</b> Sausage Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>22</b> Low Fat Yogurt & WG Muffin*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>23</b> Breakfast Tac-go  Assorted Fresh Fruit Assorted 100% Fruit Juice
<b>26</b> Mini French Toast Sticks*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>27</b> Sausage Breakfast Sandwich*  Assorted Fresh Fruit Assorted 100% Fruit Juice	<b>28</b> Low Fat Yogurt & WG Muffin*  Assorted Fresh Fruit Assorted 100% Fruit Juice		

*Choice of Low-Fat 1% White Milk and Fat-Free Chocolate Milk.  
Alternate meal of Whole Grain Cold Cereal\* with Whole Grain Toast\* Available Daily  
(\* ) Denotes menu item contain Whole Grains*