

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Alternate Entrees**
- Blueberry Muffin
 - Strawberry Banana Yogurt
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk
 - Skim Milk

2

- Alternate Entrees**
- Skewered Sausage Pancake
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk
 - Skim Milk

3

- Alternate Entrees**
- Mini Cinnis
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

6

- Alternate Entrees**
- Apple Frudel
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

7

- Alternate Entrees**
- Scrambled Eggs with Cheddar Cheese
 - Pork Sausage Patty
 - Sliced Whole Grain toast
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

8

- Alternate Entrees**
- Chicken Biscuit Sandwich
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Cinnamon Oatmeal
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Breakfast Turkey Sausage Pizza
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Whole Grain French Toast Sticks
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Toasty Cheese Sandwich
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

15

- Alternate Entrees**
- Pancakes
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Sausage Biscuit Sandwich
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk
 - Skim Milk

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- Alternate Entrees**
- Berry Parfait with Granola
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Whole Grain Waffles
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Egg & Cheese Sandwich
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Blueberry Muffin
 - Strawberry Banana Yogurt
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

23

- Alternate Entrees**
- Skewered Sausage Pancake
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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- Alternate Entrees**
- Mini Cinnis
 - Cheerios
 - Cinnamon Toast Crunch Cereal
 - Reduced Sugar Trix
 - Frosted Corn Flakes
 - Sliced Whole Grain toast
- Fruit & Vegetable Bar**
- Fresh Whole Fruit
 - Assorted Fruit Juice
- Milk & Condiments**
- 1% Low-fat Milk
 - Chocolate Skim Milk

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Memorial Day - No School

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Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

More Details: geoprep.nutrislice.com/menu/geo-prep/breakfast/

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