

# What's on the menu?

## Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday



Vegetarian



Locally Grown

5

**Holiday**

6

**Grits & Turkey bacon  
Whole grain toast**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

7

**Blueberry Bash Waffles  
Syrup**

Assorted Cereal  
Sliced Whole Grain Toast  
Fresh Whole Fruit  
Assorted Fruit Juice

8

**Berry Parfait**

Whole wheat Toast  
Assorted Cereal  
Fresh Whole Fruit  
Assorted Fruit Juice

9

**Breakfast Turkey Sausage  
Pizza**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

12

**Turkey ham, Egg & Cheese  
Bkft. Sandwich**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

13

**Baked Cinnamon Roll**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

14

**Grits & Turkey bacon**

Assorted Cereal  
Sliced Whole Grain Toast  
Fresh Whole Fruit  
Assorted Fruit Juice

15

**Maple waffles**

Assorted Cereal  
Sliced Whole Grain Toast  
Fresh Whole Fruit  
Assorted Fruit Juice

16

**Cream Cheese Bagel**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

19

**Assorted muffins  
& Yogurt**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

20

**Pancake on a stick**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

21

**French Toast sticks  
With Strawberry topping**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

22

**Grits & Sausage  
Whole grain toast**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

23

**Cini Mini**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

26

**Blueberry Bash Waffles**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

27

**Grits & Turkey Bacon  
Whole grain toast**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice

28

**Chicken Biscuit**

Assorted Cereal  
Sliced Whole Grain Toast  
Fresh Whole Fruit  
Assorted Fruit Juice

29

**Berry Parfait**

Whole wheat Toast  
Assorted Cereal  
Fresh Whole Fruit  
Assorted Fruit Juice

30

**Breakfast Turkey Sausage  
Pizza**

Assorted Cereal  
Honey Graham Crackers  
Fresh Whole Fruit  
Assorted Fruit Juice